

W A T T S N E W S

INSIDE THIS ISSUE:

NEWS	2-5
NW EVENTS & DISCOUNTS	6-7
MEMBER-SHIPS	8-10
CLASSIFIEDS	11

DATES TO REMEMBER

Associates Picnic

September 17th at
Oaks Park

SAVE THE DATE

YOU'RE INVITED TO THE Y'ALL COME



Oaks Park - Amusement Park & Roller Rink
Sunday, September 17, 2017, 11:30 to 3:00 pm



Beginning this year, the picnic **is free for Associates members and their families.** In addition, the Associates **will pay half the cost of all ride bracelets for members.**

For non-members, picnic tickets will cost \$10 for a family up to four, \$2 for each additional family member or \$5 for individuals.

Not a member or haven't renewed yet? No problem. To sign up or renew your annual membership, please fill out the form on the next page and send it with your \$5 annual dues to The Associates-Membership, B-155 at HQ.

Picnic will be catered and there will be entertainment including a clown, face painting, bingo, sack races and **PLENTY OF FUN!**

Lunch reservations & sales will start in July

Volunteers are needed to help coordinate activities, greet guests and help with set up. If you or any of your family members can lend a hand, email Kim Butler at kabutler@bpa.gov

Please submit this completed form along with your \$5 and any additional donation amount to:

(internal Mail): The Associates-Membership-B155

(external mail): BPA, Attn: The Associates

Membership Chair-B155

P.O. Box 3621, Portland, OR 97208

Or you also may work with the Governor in your location.

Last Name: _____

Governor: _____

MEMBER #: _____

DATE: _____

(Completed by Membership Chair)

For Administrative Use

New and Renewal Membership Form

Membership dues are \$5.00 per year (checks preferred)

Upon receipt of your application and dues, we will assign you a membership number and governor

Your membership dollars may go to many good causes within the Associates, i.e. College Scholarships of \$5,000 annually, Sponsored Sports Teams, Children's Skate Party, Associates Picnic, the Caring & Sharing Program, and other employee support programs.

*Required fields

*First and Last Name: _____

*Email: _____

*Agency and Routing & Floor: _____

Telephone # or BPA extension: _____

Associates Sponsored Sports Team: _____

(teams that you're on – if applicable)

*Amount Paid: Membership \$ _____ Donation \$ _____

I'm interested in the following (please mark any that apply):

Attending Associates meetings: _____

Helping with events: _____

Being on the Board or Committee: _____

Caring & Sharing Program:

I do not wish to participate: _____

A benefit of being an Associates member is being remembered by the Associates in case of your, an immediate family member, or significant others illness or death. Let's hope this never happens, but if it does, we want to be able to remember you and your family. We also make a presentation to your family, in the case of the birth or adoption of a child. **Please indicate your preference from the choices below, on how you would like to be remembered by the Associates.**

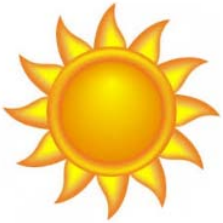
Prefer flowers? _____ Gift card? _____ Donation to Associates Scholarship Fund? _____ or,

Charity of your choice (include address): _____

In order to ensure that your remembrance gets to the right place, please provide your current home address. Your address will be kept in a confidential file.

Address: _____

City: _____ State: _____ Zip: _____



Safety at the Fair

9 tips for keeping your family outing fun and injury-free

1. Check the weather forecast

Fairs and festivals almost always take place outdoors, which makes them susceptible to all sorts of weather. Be aware what the weather is going to do that day and come prepared for the conditions.

2. Remember where you park

Large festivals often feature massive grass or asphalt parking lots for thousands of vehicles; others might include several smaller parking lots in different locations. Take a moment to remember specifically where you parked. If the parking lot has a row or number, lot letter or color, write it down or take a picture with your cell phone. Another option is to “pin” your parking location using common cell phone technology such as Apple Maps or Google Maps. There is a ton of walking during a visit to the fair and you will have walked all day already, the last thing you want to do is walk even more while you are looking for your car.

3. Designate a family meeting spot

When you arrive at a fair or festival, determine a family meeting location in the event that anyone becomes separated. Easy-to-identify landmarks offer the best meeting spots, especially if children or older adults are part of the group. Many fairs have a police or fire presence at a particular location, and they all specialize in assisting lost persons. Take note of whether the event has a booth or station for child identification cards, and consider filling one out. Another quick tip is to take pictures of your children in the outfits they are wearing that day to help easily identify them in a crowd. It can be hard to remember these details when you are overwhelmed, and this simple step can be easily used to help reunite your family.

4. Wear lots of sunscreen

In the middle of a summer day the sun can be very intense. People who do not protect their skin may develop sunburn within minutes. Experts recommend applying sunscreen with SPF 30 or higher on all exposed skin. Hats and sunglasses help shield individuals from the sun, and loose fitting, light colored clothing helps keep the body cool. Keep in mind that the sun is strongest between 10:00 am and 4:00 PM, and ultraviolet rays can bounce off and reflect off concrete and water.

5. Stay hydrated

Drink water regularly. Many events allow patrons to bring in sealed water bottles, and water fountains are provided so these bottles can be refilled as often as needed. Don't rely solely on drinking soft drinks or adult beverages-both of which may cause dehydration. Many medical response calls at fairs or festivals are due to dehydration and heat stress, so if you are going to be outside and walking around a lot remember to drink plenty of water no matter the weather conditions.

6. Wear appropriate shoes

While you are seeing the sights and enjoying your day out with the family it is easy to overlook the number of steps you are taking during your visit - which can be quite a lot! To prevent sore feet or blisters you need to make sure you are in comfortable shoes. Festivals may not be the best place for flip-flops or sandals, so be sure to wear comfortable closed toed shoes and quality socks. Don't forget to take periodic rest breaks throughout the day to give those feet a rest!

7. Wash your hands after petting animals

Animals are a common attraction at festivals and fairs, whether they are part of a petting zoo for children or a livestock competition for farmers. When interacting with the animals and petting them remember that these are not domesticated pets and may nip or bite. Small children may not be able to pick up on this behavior, so monitor them closely when they are petting an animal. Never take a stroller into an area where animal bedding is present; instead leave the stroller outside. Lastly, never bring food animals or drinks into an animal petting area. Remember to wash your children's hands as well as yours thoroughly after interacting with animals, as most health issues are caused by hand-to-mouth activity in small children after a petting zoo visit. Keep these tips in mind to make sure your petting zoo experience is as memorable as possible...for all the right reasons!

8. Follow rules on the rides

Event organizers are required to have rides inspected and approved ahead of time, but patrons also must do their part to prevent injuries or deaths on the equipment. Don't carry hats or flip-flops on rides as they may unintentionally turn into projectiles. Don't take selfie pictures on a ride as it can result in your smartphone becoming a projectile as well. Always respect the height requirements for a ride, even if a child's feelings may be hurt as these rides were manufactured to protect persons of a certain height.

9. Have fun

Enjoy yourself! The special thing about the fair is having that time with your family where you've got something that only comes once a year. You get a whole bunch of different experiences in a one day visit. Following a few simple safety precautions can go a long way into making your day at the fair that much more enjoyable!

Please consider signing up for the July 18th [Blood Drive](#) at BPA HQ:

What: BPA HQ Blood Drive

When: Tuesday, July 18th, 6:30am—4:30pm

Where: BPA HQ Room 122

Why: One donation can save up to **3 lives!**

<http://www.redcrossblood.org/make-donation>

To sign up, click the link above and enter sponsor code "BPRH" or contact Anne (x3859) or Marcella (x5136) to schedule an appointment.

Thank you for donating the gift of life!

EVENTS AND DISCOUNTS

The discounts is a program that is available to Associates members

If you like some of these discounts (Broadway or Columbia Sportswear for example) these are brought to you by the Associates, maybe you might consider becoming a member to support our organization.



Be rewarded with Great Wolf Perks. You're going to love winding down our water slides, dining in one of our Northwoods-themed restaurants and building great family traditions.

Northwest Federal Employees Association

Great Wolf Lodge® amenities include:

- 84-degree colossal indoor water park
- Daily Wolf Walk™ and Story Time
- Spacious Northwoods family suites
- Fantastic specialty-themed restaurants – and much more!

So clear your calendar, pack the swimsuits and head to Great Wolf Lodge.

For more information or reservations, visit greatwolf.com or call 800.905.WOLF (9653).

USE CORPORATE CODE: NWFA972A

Save up to
30% OFF

Charlotte/Concord, NC	Kansas City, KS	Southern California/ Garden Grove, CA
Cincinnati/Mason, OH	New England/Fitchburg, MA	Traverse City, MI
Colorado Springs, CO	Niagara Falls, Canada	Williamsburg, VA
Grand Mosavi, WA	Pocono Mountains, PA	Wisconsin Dells, WI
Grapevine, TX	Sandusky, OH	
Georgia/La Grange, GA (Opening Spring 2018)		



Valid through December 30, 2017.

Includes water park admission the day you arrive through the day you depart.

Must present valid membership ID or documentation at check-in.



Offer valid at the properties and dates listed above. Valid on a per night basis and must be mentioned at time of reservation based on 2017 standard rates. Limited number of rooms available for each date. May not be valid during holiday and blackout periods or combined with any other discount or promotional offers. Multiple night minimum stay may apply. Offer based on 4 guests per room and must have one individual 21 years of age or older staying in each room. Offer may be terminated at any time without notice. Offer is not transferable and is not redeemable for cash. Must present valid work ID or documentation at check-in. Limit of 2 rooms per valid ID. Additional charges may apply for themed and premium suites, weekends, and/or holidays.

EVENTS AND DISCOUNTS

The discounts is a program that is available to Associates members

If you like some of these discounts (Broadway or Columbia Sportswear for example) these are brought to you by the Associates, maybe you might consider becoming a member to support our organization.



Make Memories

THAT LAST A LIFETIME

SILVERWOOD THEME PARK Boulder Beach

GET OUT TO THE NORTHWEST'S LARGEST THEME PARK
WHERE YOUR FAMILY WILL EXPERIENCE, HAIR-RAISING ATTRACTIONS, PINT-SIZED KIDDIE ADVENTURE,
GIGANTIC ROLLER COASTERS, MASSIVE WATER SLIDES & AWARD-WINNING ENTERTAINMENT.

**SAVE UP TO \$9 OFF
FRONT GATE PRICING**

SAVE ON TICKETS WITH **Bonneville Power** PROGRAM

GO TO silverwoodthemepark.com / CLICK ON BUY TICKETS & SAVE

ENTER PROMO CODE **ASSOCIATES**

We're just a short drive away North of Coeur d'Alene, Idaho
OVER 70 RIDES, SLIDES, SHOWS & ATTRACTIONS ON OVER 200 ACRES!
SILVERWOODTHEMEPARK.COM



the Associates
Governors List

Updated: 2/10/2017

Northwest Federal Employees Association
B/155, P.O. Box 3621, Portland, OR 97208
(503) 230-4149

www.theAssociatesOnLine.org

Governor/Helper Name	Routing	Location	Coverage Area	Phone #	Email
Candy Worthington	NWF-B1	1-161	BPA HQ B-1	(503) 230-5729	caworthington@bpa.gov
Candy Worthington	NWF-B1	1-161	BPA HQ 1st floor	(503) 230-5729	caworthington@bpa.gov
Melike Kayim	FTT-2	2-S12	BPA HQ 2nd floor	(503) 230-3896	mbkayim@bpa.gov
Ken Foreman	JQ-2	2-S4	BPA HQ 2nd floor	(503) 230-5212	kforeman@bpa.gov
Marcella Renner	KE-4	4-H23	BPA HQ 4th floor	(503) 230-5136	mprenner@bpa.gov
David Frenkel	KSC-4	4-N6	BPA HQ 4th floor	(503) 230-4977	dsfrenkel@bpa.gov
Jenny Hurlburt	PGL-5	5-Q6	BPA HQ 5th floor	(503) 230-5035	jahurlburt@bpa.gov
Claudia Perot	NJCD-6	6-S7	BPA HQ 6th floor	(503) 230-3754	clperot@bpa.gov
Elizabeth Evans	PB-6	6-K23	BPA HQ 6th floor	(503) 230-4284	eaevans@bpa.gov
Julie Paynter	DKC-7	7-M12	BPA HQ 7th floor	(503) 230-3137	japaynter@bpa.gov
Patty A. Hanson	TFV-Longview	Floor 1	Longview	(360) 414-5604	phanson@bpa.gov
Francene Charette	TEC-CSB-1	Floor 1	Ross, CSB	(360) 619-6494	fcharette@bpa.gov
Teresa Street	NSP-4400-LL	LL	One Park Place Van Mall	(360) 418-2730	tastreet@bpa.gov
Vacant		Floor 1	Dittmer 1 st floor		
Sharon Knudtson	TOK-DITT-2	2-C6	Dittmer 2 nd floor	(360) 418-8906	smknudtson@bpa.gov
Tammi Marquez	NSLM-4400	Floor 2	One Park Place Van Mall	(360) 619-6350	tmarquez@bpa.gov
Jennifer Henderson	TED-TPP-2	Floor 2	Two Park Place Van Mall	(360) 619-6029	jahenderson@bpa.gov
Kellie Robinson	TEST-MODA	Floor 1	MODA (Z-1304)	(360) 418-2623	knrobinson@bpa.gov
Candy Worthington	NWF-B1	1-161	G4S	(503) 230-5729	caworthington@bpa.gov
Valerie Baxter	Credit Union	911 Bldg	PNFCU	(503) 258-2781	valerieb@pnwfcu.org
Rodney Krause	TOZ-AMPN-1	Floor 1	FEGA & Ampere	(360) 418-2304	rvkrause@bpa.gov
Tamara Letcher	Cafeteria	HQ's	Cafeteria	(503) 679-4359	tjletcher@gmail.com
Kim Butler	BPA HQ, KSC-4	4-S4	BIA, F&WS, NOAA	(503) 230-3841	kabutler@bpa.gov
Kim Butler	BPA HQ, KSC-4	4-S4	BLM,USGS, Reg Sol Ofc	(503) 230-3841	kabutler@bpa.gov

The Associates Committee Chairs

(Questions - contact Kim Butler, President 503-230-3639)

COMMITTEES PROGRAMS & PROJECTS

Associates Foundation	Ann Shintani	PTL-5	(503) 230-5569
Blood Drive - Portland	Anne Creason Marcella Renner	KEWL-4 KE-4	(503) 230-3859 (503) 230-5136
Blood Drive – Ross	Kellie Robinson	TEST-MODA	(360) 418-2623
Blood Drive - Van Mall	David Banks Julie Barton-Smith	TSES-TPP-2 TPMC-OOP-3	(360) 619-6705 (360) 619-6737
Book Swap & Freecycle	Brenda Lindgren	FRS-2	(503) 230-4317
BPA Logo Merchandise – Portland	Maggie Rhodes	PTC-5	(503) 230-3008
BPA Logo Merchandise – Ross	Teresa Street	NSP-4400 LL	(360) 418-2730
BPA Logo Merchandise – Dittmer	Sharon Knudtson	TOK-DITT2	(360) 418-8906
Caring and Sharing	Kristin Taylor	L-7	(503) 230-4494
Classified Ads	Connie Whitlow	JP-3	(503) 230-4240
*College Scholarship	Claudia Perot	JSC-5	(503) 230-3754
Communications	Kim Woodard	NWPP-B1-M	(503) 230-4013
Craft Bazaar – HQ's Vancouver	Tiffany Carper Aundra Asmussen Vacant	JRS-2 CBC-7	(360) 619-6805 (503) 230-3219
Entertainment/Chinook Books	Nici DuBois	PTKP-5	(503) 230-3809
Eyeglass/Hearing Aid Collection	Brenda Lindgren	FRS-2	(503) 230-4317
FEGA (Federal Employees Golf Association)	Mike Harris	J-3	(503) 230-3140
*Food Drive - Portland	Brian Sulfridge	KSCS-4	(503) 230-4048
*Food Drive - Vancouver	Lauren Tenney	TSPQ-TPP-2	(360) 619-6294
Fundraising Collective Goods Sponsored Events	Kim Butler	KSC-4	(503) 230-3841
Group Events	Nici DuBois Tiffany Newton	PTKP-5 PGF-6	(503) 230-3809 (503) 230-4217
Historian	Libby Burke	DKEL-1	(503) 230-4027
*Holiday Gifts for Foster Children	Brenda Lindgren	FRS-2	(503) 230-4137
Holiday Party	Kirsten Kler	NNP-B1	(503) 230-4411
Luncheon	Tiffany Newton Marcella Renner Kim Butler	PGF-6 KEWR-4 KSCS-4	(503) 230-4217 (503) 230-5136 (503) 230-3841
Marketing	Vacant		
*Medical Equipment	Ann Shintani	PTL-5	(503) 230-5569
Membership	Suzanne Jackels	FC-2	(503) 230-4028
Membership, Retirees	Dan Hays	FTT-2	(503) 230-3955
New Employee Orientation	Tina Weber	PBQ-6	(503) 230-4242
Notary Service	Aundra Asmussen	CBC-7	(503) 230-3219
Picnic	Kim Butler Kirsten Kler	KSC-4 NNP-B1	(503) 230-3841 (503) 230-4411
Public Affairs Liaison	Justis Beauregard	DKC-7	(503) 230-5901
Sports	Kirsten Kler	NNP-B1	(503) 230-4411
Watts News	Amber Naef Alicia Collier	FRG-2 NJM-3	(503) 230-4001 (503) 230-4485
Website	Claudia Perot	NJCD-6	(503) 230-3754

* Sponsored by the Associates Foundation

(updated 6/29/2017)

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PACIFIC NW
FEDERAL CREDIT UNION

Adoption: Adopt a Parrot, 36 yr yellow-head parrot, loves to talk, interact, sociable, loves car rides, the beach, sings, needs lots of attention, likes music, Moans like a zombie, whistles, barks. Disabled husband cannot take care of her anymore. Contact Linda Miller 541.366.4366.

FOR SALE:

New Ad! Harley Motorcycle / Sportster 883/ Hugger/ Yr 2003/ 100th Anniversary. Color: Black, Windvest windscreen, Vance Hines Exhaust, Heat Plug in for clothing, Always stored in garage. Great for 5'10" and shorter, very easy to ride and low. Loved this bike but now ride longer distances, went w/ larger Harley. \$4800.
Call 503 348 1299. Clackamas Or

New Ad! Incline Tip Board (Body and Power). Great for Neck and back \$50.00. Lay back and gradually tip yourself as far back as you like. Hook your feet under padded pegs, easily controllable. Call 503 312 4447

Gretch Drum Set (Catalina Birch) \$800.00; Behringer Mixer \$350.00; Mics, mic stands, cables- Everything like new!
Phone 360-604-7075 after 6:00pm for details.

Nordic Trak Walk-fit for \$80.00. Phone 360-604-7075 after 6:00pm for details.

Wood Crafters — Alder, oak, cedar, various sizes, all sizes planed both sides, must sell, cheap; **Recorder C-Tenor, Johannes Adler Handmade**, 25-year pear wood, excellent condition; **Stained Glass Books**, instructional and pattern types, 17 in all, call for list and prices; **Kodachrome Bird Slides of NW**, live-mount positions, 334 in all, \$1 each, excellent condition. Call for more info @ 503-357-6900, evenings.

WANTED: Looking for Old Boy Scout Memorabilia — I collect old BSA Memorabilia, from uniforms to patches, neckerchiefs, and mugs. Let me know what you have. Images help. Steve Narolski, 360-742-2688.

REAL ESTATE:

NEW AD! Rental: 3 BR, 2BA, 1871sqft, open kitchen, huge master BR w/double closets, 2nd BR walk-in closet. Fireplace, oven/range, refrigerator, dishwasher, garbage disposal, washer/dryer included. Patio, raised beds, & shed in backyard. \$1600/month. House is in Vancouver, near Endeavor Elementary. Call Sam Hang 626-999-7009 or Amanda Kalloch 509-270-6078

Rental: 4BR, 3BA gorgeous, fully furnished, large home in Netarts, Oregon (6 miles West of Tillamook), 2 blocks to Netarts Bay; 5 min to ocean. Sleeps 9 w/3 queen beds plus bunk beds (2+1). Clean, spacious, comfortable. 3 TVs; DVD. Cable; Wifi; phone. 2 bikes, kites, crab rings/pots. Pics at www.shorethingbeachrentals.com (reference "Bay Rose Retreat"); \$150-\$275 per night. Dogs OK. No smoking. Check out winter specials. For booking Call Monica Klobas 503-812-4692.

Selling Time Share in Maui, 5 Star Resort - Kanapali Beach Club Variety of accommodations and availability based on points \$5,000 503-635-6950.

Sunriver 3 bed, 2 bath vacation home all on one level. Sleeps six. Hot tub and nice sunny deck. Walking distance to Village and SHARC (passes included). Visit www.sunriverrambler.com

Beautiful Home on Woahink Lake! Fully furnished 3 bedroom, 2 bath home, sleeps 6, on the lake shore with a dock for fishing and water sports. A 15 minute drive to the ocean beach at Florence, OR. Fireplace insert, Wi-Fi, fully equipped kitchen, very private. \$250 per night, \$1,500 for 1 week. Call Carol at 503 349 9414.

Rental: 2BR, 2BA Beach Front Condo near Lincoln City and Salishan Resort. Cavalier #39 at Gleneden Beach, fully furnished, large 1300sf, updated end-unit w/2 king beds! plus sleeper sofa in LR. Cable TV 46" w/surround sound, CD, VCR, & DVD players. Spacious rooms w/fireplace, Wifi. Pics at www.cavaliercondo39.com but for specific rates and booking info Call Terry Larson, 503-380-9744. Ranges: \$110-\$210 per night. No smoking or pets.

Www.TheAssociatesOnline.org



BPA ASSOCIATES

The Associates
c/o Bonneville Power Administration
PO Box 3621
Portland, OR 97208-3621

ASSOCIATES OFFICERS

President – Kim Butler / kabutler@bpa.gov / 503-230-3841
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NOTE: Send all NEWS information to the address below or email the Co-Editors.

Send all CLASSIFIED ADS to Connie Whitlow.

WATTS NEWS Editor

P.O. Box 3621, (B155)

Portland, OR 97208

ABOUT US

You can join The Associates at any time by sending just \$5.00 along with the Membership Renewal Form (found on our website) to one of the various Governors located throughout the agencies; retirees please follow instructions on the form. There is an annual membership drive during January and February every year.

The Associates sponsors reduced-price sales of products and services, such as Book Fairs and Entertainment Books. The Associates also has wheelchairs and medical equipment you can borrow, a Notary Public, and a paperback lending library at Dittmer and the Headquarters Building. You can also access the Watts News and archives of past issues online.

The Associates awards at least \$5,000 per

year in academic scholarships to Members' children. Members are also entitled to apply for special grants (in case of a personal catastrophe) and Caring & Sharing presentations when death, illness, injury, or a child's birth/adoption occurs. The Associates is also involved in sponsoring Blood Drives, Food Drives, Foster Children's Holiday Gifts Programs, and many other functions. The Associates also sponsors various sports teams, such as Golf, Bowling, and Softball. We are able to offer discount programs for group events, such as Blazer games, ballets, plays, concerts, and ice skating shows.

Special events are held each year. Past events include the Children's Holiday Roller Skating Party and the Summer Picnic. Both are held at Oaks Park and are sponsored by the Associates for its members. In the past,

the Associates have also organized Craft Bazaars, Book Fairs, and various other fund raisers. All money raised goes towards the Associates Scholarship fund, the Caring & Sharing Program, and various grants that may arise during the year.

The NW Federal Employee's Associates includes not only BPA employees (including contract employees), but employees from the Bureau of Indian Affairs, Bureau of Land Management, Fish and Wildlife Service, Geological Survey, NOAA Fisheries, Pacific NW Federal Credit Union, Office of the Regional Solicitor and US Geological Survey. Our organization has been going strong for over 77 years, and has continued to be a very important part of a Federal employee.